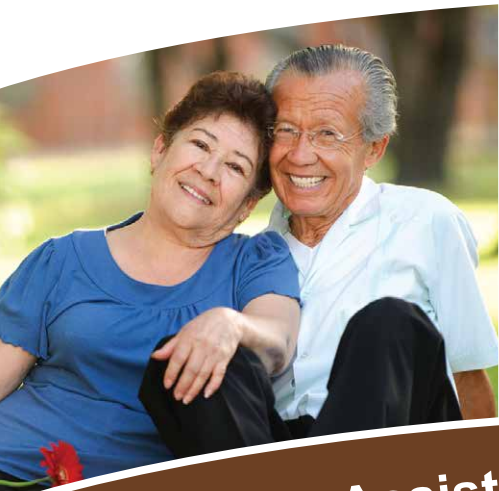




# Sunny Brook

ASSISTED LIVING &  
MEMORY CARE

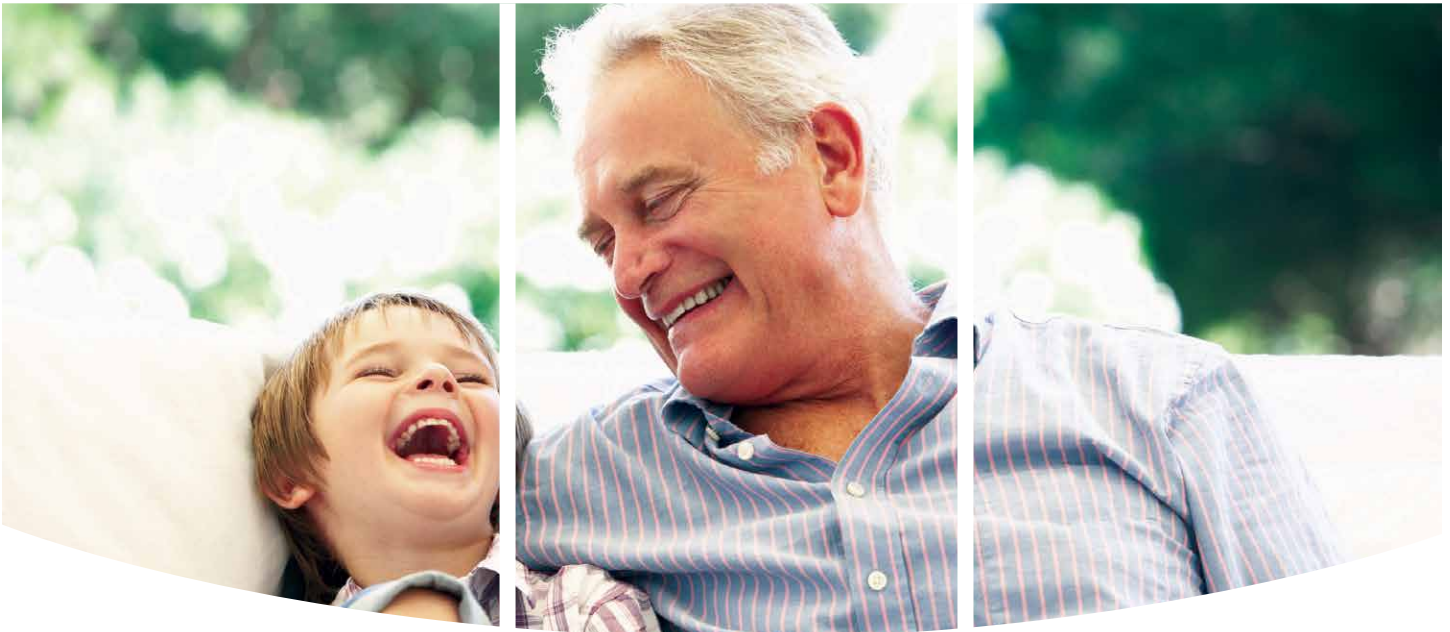
FT. MADISON



Premier Assisted Living and Memory Care Community



# *Living in style and comfort*



At SunnyBrook of Fort Madison Assisted Living and Memory Care in Fort Madison, residents enjoy an active, engaging lifestyle that promotes wellness and independence. It is our goal to keep our residents linked to resources and opportunities in the community that will fulfill their needs, interests, and goals. Residents have many opportunities to participate in a variety of life enriching activities and events designed to stimulate the mind, body and soul. From cocktail-hour gatherings where you can learn about the nuances of a good Pinot Noir, to a discussion of the latest best seller in our Life-Long Learning series, to exploring new ways to stay healthy in a fitness class...expect the unexpected. When what you desire most is exactly where you want it to be, celebrate!





## Excellent Services Tailored to Different Needs...

SunnyBrook at Fort Madison Assisted Living and Memory Care offers comprehensive and caring Alzheimer's and dementia care. The mission of our supportive community is to serve the special needs of individuals with Alzheimer's disease, dementia and other forms of memory loss. The residence is a comforting environment, deftly incorporating safety and supportive cues throughout... even in the secured courtyard and inside walking path.

With our innovative Pathways program, a Montessori-based philosophy for care, we create a specialized, life-enriching environment that affords each individual maximum self-expression. Our individually tailored life program provides the stability of a routine while maximizing independence and autonomy. We develop close bonds between residents, their families, and our caregivers. Memory care can be different...let SunnyBrook at Fort Madison Assisted Living and Memory Care show you how.

### Apartment Choice:

This is a very private setting where residents are comforted by having their own décor, furnishings and more. We offer private apartments with private restrooms. All apartments come with 24-Hour emergency call systems, closets, individualized heating/cooling and access to community amenities.

### Some of our Personalized Services include:

- Medication management
- Showering/bathing
- Dressing and laundry
- Personal hygiene and grooming
- Mobility and transferring
- Continence management
- Level appropriate activities

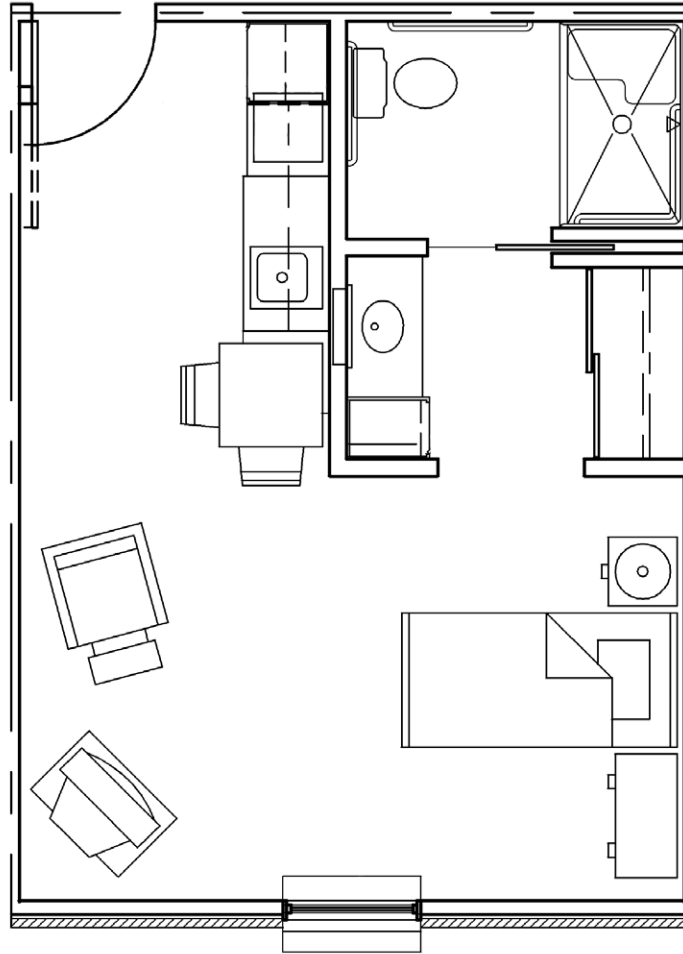
### Respite:

We offer respite programs designed to give family caregivers a necessary break. This is your chance to have our caring staff enrich the life of your loved one, while you take a well-deserved rest.

Are you ready to take advantage of a community that caters to your upscale tastes? To learn more about SunnyBrook at Fort Madison Living, please call 319-372-8611.



## Studio







## Escape to the Ideal Lifestyle...

SunnyBrook at Fort Madison Assisted Living and Memory Care will offer a wide array of apartment options within our community – whether you are looking for the convenience of a studio, the privacy of a one bedroom, or the spaciousness of a two bedroom apartment, we can accommodate your needs. Keep life comfortable and stress free with our thoughtfully designed apartments providing all the features and space you need for living life to the fullest. Depending on the apartment you select, your residence at SunnyBrook at Fort Madison Assisted Living and Memory Care may include the features below.

### Assisted living apartment amenities include:

- Monthly rental with no buy-in or long-term lease
- Choice of studio, one and two bedroom apartments
- Linen and housekeeping services
- Maintenance of interior and exterior spaces
- 24-Hour emergency call system in each apartment
- Utilities (telephone not included)
- Well-appointed finishes, spacious closets, and kitchenettes
- Wireless internet access in common areas

### Assisted living services include:

- Assistance with personal needs such as bathing, dressing and grooming
- Medication management
- Select specialty diets offered
- Continence management
- Individually developed care plan with our residents preferences in mind
- Mobility and transferring assistance
- Respite services available

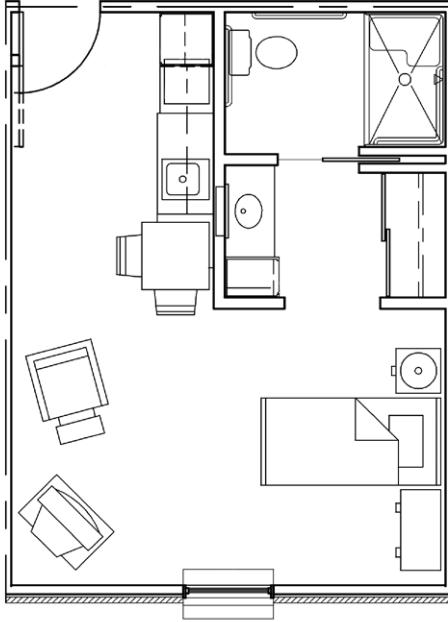
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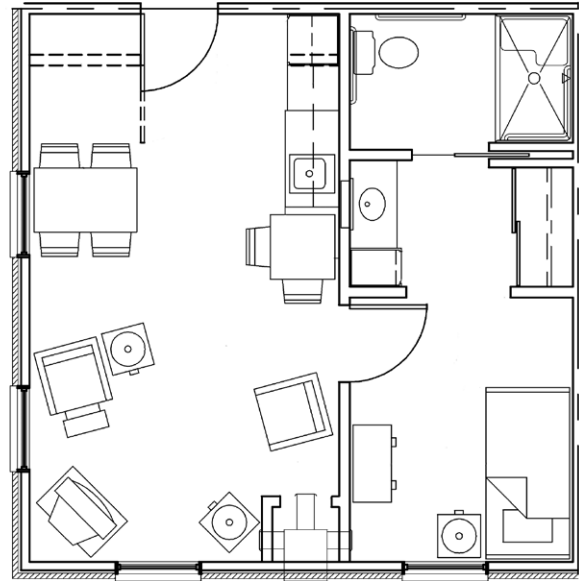
# Assisted Living Floor Plans



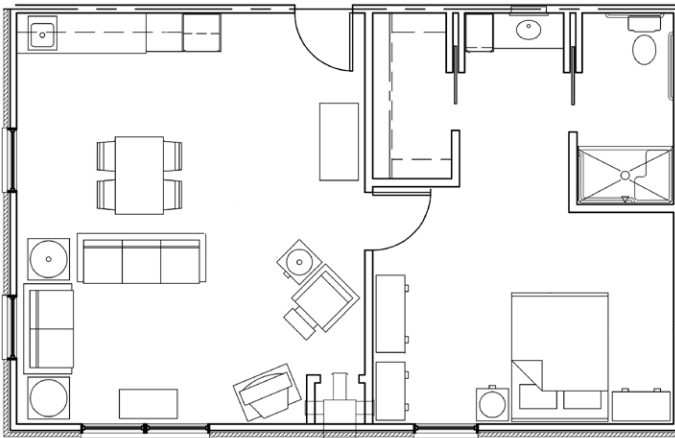
## Studio



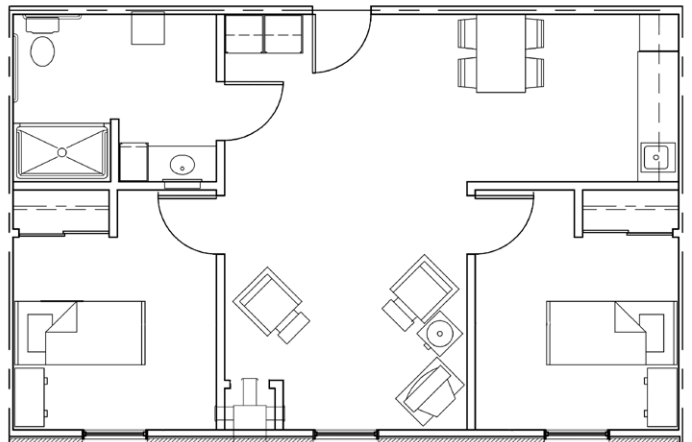
## One Bedroom



## One Bedroom Deluxe



## Two Bedroom





## Indulge in All We Have to Offer...

Living at SunnyBrook at Fort Madison Assisted Living and Memory Care will allow you to be free from the daily rigors of cooking and cleaning so you can maintain the liberties and freedoms of your retirement lifestyle in one of our spacious apartments. Our dedicated staff will take care of the grounds, the housekeeping and other chores; leaving you time to enjoy life's simple pleasures.

Our monthly hospitality package includes three delicious home-cooked meals each day, weekly housekeeping with linen service, planned events and activities, scheduled transportation, and paid utilities (telephone not included). Your retirement can be as active or as relaxed as you prefer in our community – just like home, surrounded by your favorite collectables and furnishings.

Our amenities include:

- Unique programming like our Life-Long Learning Series
- Library, computer, and business center
- Crafts, bingo, and multi-purpose room
- Special trips, outings, and celebrations
- Exercise classes
- Complimentary housekeeping
- Full-service beauty salon and barber
- Complimentary resident laundry rooms
- Resident and guest parking
- Free scheduled transportation
- Beautifully landscaped courtyards and patio areas
- Family pets welcome\*

While we have complimentary transportation and a wide array of social events planned, with amenities like these, you may never feel the need to leave the doors of SunnyBrook at Fort Madison. Are you ready to take advantage of all we have to offer? To learn more about SunnyBrook at Fort Madison Assisted Living and Memory Care, please call 319-372-8611 to schedule a tour and a complimentary meal.

\*Per our guidelines



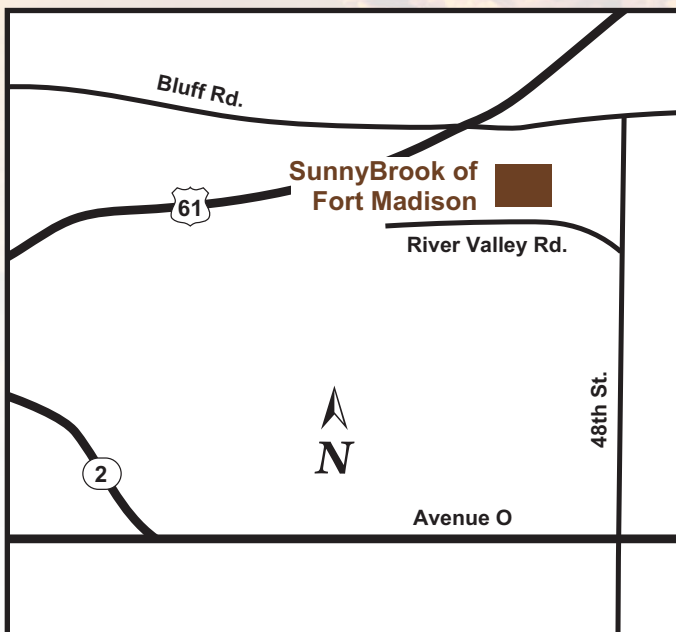
# Sunny Brook

ASSISTED LIVING &  
MEMORY CARE

FT. MADISON

5025 River Valley Road  
Fort Madison, Iowa 52627  
319-372-8611  
sunnybrookftmadison.com

## Here's how to find us...



*Follow these easy driving directions.*

### **From Hwy 61 North or South:**

- Take exit 18 for Iowa 2 toward US 61 Business/Fort Madison/Donnellson
- Turn right onto IA-2 E/Avenue O
- Turn left onto 48th St.
- Take the 1st left onto River Valley Rd.
- Community will be on your right

